



HEALTHY MENU

STARTERS

SOUP OF THE DAY - 4.25

Wholemeal bread

CHAR GRILLED SWEET POTATO - 5.95

With mint chilli and roasted garlic dressing

SWEET CHILLI CHICKEN - 6.25

Chicken strips cooked in sweet chilli sauce

CLASSIC

TOASTIES & SANDWICHES

(Available during lunch service only)

Toasted Chicken Club - 6.50

toasted sandwich with iceberg lettuce,
tomato, grilled chicken, bacon,
light mayonnaise

* £1 supplement for Combo

BLT - 6.50

toasted with bacon iceberg lettuce, tomato,
and light mayonnaise

*£1 Supplement for Combo

Light Tuna Mayo - 5.45

Light Coronation Chicken - 5.45

Select any classic sandwich to go with the combo selection. Soup and sandwich combo's are not served with salad. 1.5 table spoons of mayo

Dedicated to using the best local and seasonal produce.

grill48.com



LIGHT LUNCHES

(Available during lunch service only)

BAKED POTATOES

Baked Sweet Potato £1 supplement

Beans - 5.00

Light Tuna Mayo - 6.00

Light Coronation Chicken - 6.00

Baked potatoes are served with side salad
1.5 table spoons of mayo maximum is
used in each portion

GRILL 48

CLASSIC DISHES

ABERDEENSHIRE PORK CHOP - 13.95

With basil, pesto and seasonal leaves

**CHAR GRILLED LEMON AND
GARLIC CHICKEN - 12.95**

Breast of chicken cooked
with garlic and lemon

Served with a minted summer bean salad

**ROASTED SCOTTISH MACKEREL
FILLETS - 15.95**

with a saffron and Dijon dressing, served on a
bed of sweet potato mash potato

**SLOW ROASTED COLA AND
MAPLE GAMMON - 11.95**

With seasonal vegetables and choice of potato

CLASSIC BURGER MENU

6OZ CLASSIC HOUSE BEEF BURGER

6.50

6OZ AUCHTERTOOL BUFFALO BURGER

7.50

CHICKEN BURGER

(grilled)

6.00

VEGETARIAN BURGERS

MUSHROOM BURGER

Portobello mushroom topped with roasted peppers red onion, salsa and mozzarella cheese

5.95

SWEET POTATO & HALLOUMI BURGER

Sweet potato and halloumi pattie grilled
Served with chipotle mayonnaise

6.25

Serving suggestion why not add piri piri or Cajun rub to your burger for extra flavour

Our burgers are served with toasted wholemeal bun, lettuce, tomato and red onion, and are served *medium - well done*

ADDITIONAL TOPPINGS

Scottish Cheddar \ Mozzarella \ Fried egg \
Red Peppers \ Jalapeno peppers - 95p

Bacon - 1.25

SIDE ORDERS

Our side orders may be big enough to share.
Please note our chips and fries are 100% fat free and are cooked in the oven please allow 20-25 minutes.

Homemade fries* - 3.00

Herby fries* - 3.45

Cajun fries* - 3.45

Baked potato - 3.00

New potatoes - 3.00

Seasonal vegetables - 3.00

House salad - 2.50

Beans - 2.50

Our healthy chips and fries are made from the best quality potatoes and are cooked in the oven, therefore are 100% fat free

STEAKS

Our beef is hung for up to 28 days to ensure that all the prime cuts are tender and are of the best quality for our customers. For further information on the provenance of our meat please see our information booklet.

7oz Prime Scotch Fillet Steak - 25.95

8oz Prime Rib Eye of Scotch Beef - 23.95

8oz Scottish Denver cut steak - 17.95
(*to preserve the grill 48 quality this steak will only be cooked rare or medium rare)

8oz Prime Scotch Rump steak - 16.95

Buffalo Fillet Steak - 26.95

Straight from the farm in Auchtertool

Our steaks are with seasonal leaves and grilled tomato.

RUBS

Cajun Spiced Rub
Smoked Paprika and Cumin Rub

2.00

STEAKS AND BURGERS COOKING GUIDELINES

BLUE:	VERY RED CENTRE**
RARE:	RED, CENTRE**
MEDIUM RARE:	RED CENTRE*,
MEDIUM:	PINK CENTRE,
MEDIUM WELL:	DULL PINK CENTRE
WELL DONE:	DARK CENTRE

We recommend cooking burgers slightly more than you would cook your steak.

* Burgers may only be cooked medium or above
* blue steaks are not recommended by the food standards agency and are consumed at your own risk

SWEET MENU

Our ice cream is supplied by
Nelson's of Culross, Fife

G48 Mess - 4.95

Strawberries with crushed meringue,
Strawberry ice cream and whipped cream

Banoffee Sundae - 4.95

Caramel & honeycomb, and chocolate ice cream,
served with toffee sauce and
crunchy banana

Chocolate and Hazelnut Pavlova - 5.50

Pavlova topped with chocolate sauce,
hazelnuts, and maltesers and Chantilly cream

Grill 48 Cheesecake - 5.95

Ask your waiter for today's special

Selection of Nelsons of Culross Ice Cream
With a flake and a wafer— 2.00 per scoop

Royal Bourbon Vanilla

Milk Chocolate

Strawberry

Honeycomb and Caramel

Mint choc chip

Although none of our sweets can be
considered healthy it is your choice should
you wish to treat yourself.

MARY'S CAKES AND BAKES

Mary works hard to bring you a variety of
cakes and bakes at Grill 48, scones,
cheesecakes, tray bakes and of course cakes.

Selection of Cakes and Bakes

From- 1.75

Also available for takeaway

TEA, COFFEE & HOT CHOCOLATE

Black Coffee - 3.30

White Coffee - 3.40

Cappuccino - 3.55

Latte - 3.55

Espresso - 2.20

Double Espresso - 3.20

Liquor Coffee - from 6.25

**Whisky, Tia Maria, Baileys, Glayva,
Drambuie,**

Pot of Traditional Tea - 2.95

Earl Grey - 3.45

Green - 3.45

Peppermint - 3.45

Camomile - 3.45

Fruit Teas - 3.45

**Strawberry, Mixed Berries, Blackcurrant,
Mango, Ginger**

Hot Chocolate - 3.30

Hot Chocolate Deluxe - 3.70

With marshmallows and cream

PRIVATE DINING

Our mezzanine level is available for
parties and private dining. For further
information ask a member of our team .

Healthy Menu from Grill 48

Diner Notes

Here at Grill 48 we have adapted a number of our dishes for guests following a healthy eating plan. We do however leave it up to our guests to decide how healthy they would like to be.

- During the cooking process of our healthy dishes we have removed all butter and oil and replaced it with fry light.
- Sandwiches, burgers and rolls have been substituted with wholemeal versions. Please note these may be smaller in size than our regular versions
- Mayonnaise has been substituted for lightest mayonnaise
- Our chips are 100% fat free, they are cooked in our oven and although take slightly longer to cook they are worth the wait
- Our beef burgers and buffalo burgers are made with less than 5% fat and are chicken burgers are freshly grilled breast of chicken with no oil
- Salads do not come with our house dressing however we do have balsamic vinegar available on request
- Where possible we have reduced the amount of salt and sugar in our dishes
- Please see our guest information booklet for further information on our local suppliers

We believe we have made some simple changes to our menu to accommodate our guests needs, if however you have any queries please do not hesitate to ask a member of our team

