



Dedicated to using the best local and seasonal produce.

grill48.com



## MENU

### STARTERS

**Soup of the day - 4.25**

Wholemeal bread

**Sweet chilli chicken - 5.50**

Chicken pieces, marinated in sweet chilli sauce,

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### CLASSIC

### TOASTIES & SANDWICHES

(Available during lunch service only)

**Toasted Chicken Club - 6.50**

toasted sandwich with iceberg lettuce, tomato, grilled chicken and bacon, light mayonnaise

\* £1 supplement for Combo

**BLT - 6.50**

toasted with bacon iceberg lettuce, tomato, and light mayonnaise

\*£1 Supplement for Combo

**Light Tuna Mayo - 5.45**

**Light Coronation Chicken - 5.45**

Select any classic sandwich to go with the combo selection. Soup and sandwich combo's are not served with salad. 1.5 table spoons of mayo maximum is used in each portion

**Soup and Sandwich Combo - 7.00**

soup of the day and any sandwich above (\*Supplements Apply)

### LIGHT LUNCHES

(Available during lunch service only)

### BAKED POTATOES

**Beans - 5.00**

**Light Tuna Mayo - 6.00**

**Light Coronation Chicken - 6.00**

Baked potatoes are served with side salad 1.5 table spoons of mayo maximum is used in each portion

**Pizza Omelette - 8.95**

Fresh omelette with tomatoes, mushrooms, ham and mozzarella. Served with salad

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### TRADITIONAL CLASSICS

**Cajun Chicken - 9.95**

Chicken, peppers, red onion and mushrooms cooked in Cajun spices, served with seasonal salad

**Chilli Con Carne - 10.95**

With rice

**Homemade steak pie - 12.95**

Topped with crispy potato topping, seasonal vegetables and choice of potato

**Oak smoked salmon - 15.95**

With wholegrain mustard  
Served with seasonal salad and potatoes

**Slow roasted maple and Diet Cola Gammon - 11.95**

With roasting jus, seasonal vegetables and potatoes

## CLASSIC BURGER MENU

Less than 5% fat

**BEEF BURGER** - 6.75

**CHICKEN BURGER** - 6.50  
(grilled)

**SPICY** - 7.70

Burger topped with jalapeno's

## GOURMET BURGERS

Select from Traditional Scotch Beef Burger  
Chicken Burger or  
Buffalo Burger (£1 supp)

**BACON BURGER** - 8.25

with classic burger sauce bacon,

**PIRI PIRI BURGER** - 8.50

Burger marinated and cooked in piri piri marinade  
topped with peppers

**BUFFALO BURGER**

Straight from the farm in Auchtertool  
Topped with caramelised onion and  
smoked applewood cheese  
9.25

**VEGETARIAN BURGERS**

**MUSHROOM BURGER** - 5.95

Portobello mushroom topped  
with roasted peppers and red onion,

Our burgers are served with toasted wholemeal bun,  
lettuce, tomato and red onion, and are  
served *medium - well done only*

## SIDE ORDERS

Our side orders may be big enough to share.  
Please note our chips and fries are 100% fat free and are cooked  
in the oven please allow 20-25 minutes.

**Homemade fries\*** - 3.00

**Herby fries\*** - 3.45

**Cajun fries\*** - 3.45

**Baked potato** - 3.00

**New potatoes** - 3.00

**Seasonal vegetables** - 3.00

**House salad** - 2.50

**Beans** - 2.50

Our healthy chips and fries are made from the best quality  
potatoes and are cooked in the oven, therefore are 100% fat free

## STEAKS

Our beef is hung for up to 28 days to ensure that  
all the prime cuts are tender and  
are of the best quality for our customers.  
For further information on the provenance of our  
meat please see our information booklet.

**7oz Prime Scotch Fillet Steak** - 25.95

**8oz Prime Rib Eye of Scotch Beef** - 23.95

**8oz Scottish Denver cut steak** - 17.95

(\*to preserve the grill 48 quality this steak  
will only be cooked rare or medium rare)

**8oz Prime Scotch Rump steak** - 16.95

**Buffalo Fillet Steak** - 26.95

Straight from the farm in Auchtertool

Our steaks are with seasonal leaves  
and grilled tomato.

## RUBS

**Cajun Spiced Rub**

**Smoked Paprika and Cumin Rub**

**2.00**

## STEAKS AND BURGERS COOKING GUIDELINES

<b>BLUE:</b>	VERY RED CENTRE**
<b>RARE:</b>	RED, CENTRE**
<b>MEDIUM RARE:</b>	RED CENTRE*,
<b>MEDIUM:</b>	PINK CENTRE,
<b>MEDIUM WELL:</b>	DULL PINK CENTRE
<b>WELL DONE:</b>	DARK CENTRE

We recommend cooking burgers slightly more  
than you would cook your steak.

\* Burgers may only be cooked medium or above  
\* blue steaks are not recommended by the food standards  
agency and are consumed at your own risk

## SWEET MENU

Our ice cream is supplied by  
Nelson's of Culross, Fife

### **Raspberry Crunch - 4.95**

Raspberries with crushed meringue,  
wild berry ice cream and whipped cream

### **Cookie Cup with Ice Cream - 5.95**

Cookie cup, with crème caramel ice cream, toffee  
sauce, sprinkled with chocolate and  
topped with whipped cream

### **Spiced hot fruit bake - 4.95**

Apples, pears, cranberries, pineapples and  
walnuts served warm  
with Nelson's ice cream

### **Almond Chocolate Brownie - 5.95**

With warm chocolate sauce and ice cream

### **Grill 48 Cheesecake - 5.95**

Ask your waiter for today's special

Selection of Nelsons of Culross Ice Cream  
With a flake and a wafer— 2.00 per scoop

### **Royal Bourbon Vanilla**

**Milk Chocolate**

**Crème Caramel**

**Wild Berry**

**Mint choc chip**

Although none of our sweets can be  
considered healthy it is your choice should  
you wish to treat yourself.

## MARY'S CAKES AND BAKES

Mary works hard to bring you a variety of  
cakes and bakes at Grill 48, scones,  
cheesecakes, tray bakes and of course cakes.

### **Selection of Cakes and Bakes**

From- 1.75

Also available for takeaway

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## TEA, COFFEE & HOT CHOCOLATE

**Black Coffee - 2.95**

**White Coffee - 2.95**

**Cappuccino - 3.05**

**Latte - 3.05**

**Espresso - 2.00**

**Double Espresso - 3.00**

**Liquor Coffee - from 6.25**

**Whisky, Tia Maria, Baileys, Glayva,  
Drambuie,**

**Pot of Traditional Tea - 2.95**

**Earl Grey - 3.45**

**Green - 3.45**

**Peppermint - 3.45**

**Camomile - 3.45**

**Fruit Teas - 3.45**

**Strawberry, Mixed Berries, Blackcurrant,  
Mango, Ginger**

**Hot Chocolate - 2.95**

**Hot Chocolate Deluxe - 3.50**

**With marshmallow and cream**

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## PRIVATE DINING

Our mezzanine level is available for  
parties and private dining. For further  
information ask a member of our team .

## Healthy Menu from Grill 48

### Diner Notes

Here at Grill 48 we have adapted a number of our dishes for guests following a healthy eating plan. We do however leave it up to our guests to decide how healthy they would like to be.

- During the cooking process of our healthy dishes we have removed all butter and oil and replaced it with fry light.
- Sandwiches, burgers and rolls have been substituted with wholemeal versions. Please note these may be smaller in size than our regular versions
- Mayonnaise has been substituted for lightest mayonnaise
- Our chips are 100% fat free, they are cooked in our oven and although take slightly longer to cook they are worth the wait
- Our beef burgers and buffalo burgers are made with less than 5% fat and are chicken burgers are freshly grilled breast of chicken with no oil
- Salads do not come with our house dressing however we do have balsamic vinegar available on request
- Please see our guest information booklet for further information on our local suppliers

We believe we have made some simple changes to our menu to accommodate our guests needs, if however you have any queries please do not hesitate to ask a member of our team

