



**Dedicated to using the best local and seasonal produce**

**Please ask our team about our Healthy and Intolerance menus**

**grill48.com**



## **HEALTHY MENU**

### **STARTERS**

**SOUP OF THE DAY - 4.25**

Wholemeal bread

**CHAR GRILLED SWEET POTATO - 5.95**

With mint chilli and roasted garlic dressing

**SWEET CHILLI CHICKEN - 6.25**

Chicken strips cooked in sweet chilli sauce

### **GRILL 48 CLASSICS**

**CHAR GRILLED LEMON AND GARLIC CHICKEN - 12.95**

Breast of chicken cooked with garlic and lemon butter.  
Served with a minted summer bean salad

**SLOW ROASTED COLA AND MAPLE GAMMON - 11.95**

With seasonal vegetables and choice of potato

**Check our Specials Board for Today's Special**

**Our homemade fries and chips on this menu are 100% fat free.  
Please allow extra cooking time**

## CLASSIC BURGER MENU

Our burgers are served with toasted wholemeal bun, lettuce, tomato and red onion, and house salad or homemade fries, cajun and herby fries carry a 50p supplement.

Please allow extra cooking time for fries  
beef and buffalo burgers are served  
*medium - well done*

### 6OZ CLASSIC HOUSE BEEF

9.95

### 6OZ AUCHTERTOOL BUFFALO

10.95

### CHICKEN

grilled

9.95

## GOURMET BURGERS

Select from Traditional Scotch Beef Burger  
Chicken Burger or Buffalo Burger (£1 supp)

### CHEESE & BACON BURGER

Best served as a buffalo burger  
Topped with back bacon and cheddar cheese  
12.95

### MUSHROOM BURGER

Portobello mushroom topped  
with roasted peppers red onion,  
salsa and mozzarella cheese  
8.95

### SWEET POTATO & HALLOUMI BURGER

Sweet potato and halloumi pattie grilled and  
Served with chipotle mayonnaise  
8.95

## ADDITIONAL TOPPINGS

Scottish Cheddar \ Mozzarella \ Red Peppers \  
Jalapeno peppers - 95p

Bacon - 1.25

Haggis \ Smoked Applewood \ Mexican cheese  
2.00

## G48 SKEWER

9.95

Enjoy a traditional kebab skewer served on a  
Espetada hanging kebab stand.  
All skewers served with mushrooms,  
red onion and peppers

### CHOOSE YOUR MEAT OR VEGETARIAN OPTION

Chicken

Beef

Halloumi Cheese

### CHOOSE YOUR SAUCE OR RUB

Sweet Chilli

Pesto

Cajun Rub

Paprika Rub

Piri Piri Rub

Garlic and Parsley Butter

### CHOOSE YOUR SIDE

Rice

Salad

Chips

Baked Potato

## G48 Skewer Deal

**Two Skewers**

**Two Sauces**

**Two Sides**

**Bottle of House wine**

**Or**

**Sort Drink Refill**

**£25**

## STEAKS

Our locally sourced Scotch steaks are hung for up to 28 days to ensure that all the prime cuts are tender and are of the best quality for our customers.

For further information on our local suppliers please see our information booklet.

**7OZ PRIME FILLET STEAK - 25.95**

**8OZ DENVER CUT STEAK - 17.95**

(\*to preserve the grill 48 quality this steak will only be cooked rare or medium rare)

**8OZ PRIME RUMP STEAK - 16.95**

**BUFFALO FILLET STEAK - 26.95**

Straight from the farm in Auchtertool

**Our steaks are served with seasonal leaves and grilled tomato.**

## SAUCES & RUBS

**CAJUN SPICED RUB  
SMOKED PAPRIKA AND CUMIN RUB  
2.00**

### STEAKS AND BURGERS COOKING GUIDELINES

<b>BLUE:</b>	VERY RED CENTRE*
<b>RARE:</b>	RED, CENTRE
<b>MEDIUM RARE:</b>	RED CENTRE
<b>MEDIUM:</b>	PINK CENTRE,
<b>MEDIUM WELL:</b>	DULL PINK CENTRE
<b>WELL DONE:</b>	DARK CENTRE

\* blue steaks are not recommended by the food standards agency and are consumed at your own risk

## SIDE ORDERS

Our side orders may be big enough to share.

**Homemade chips - 3.00**

**Homemade fries - 3.00**

**Herby fries - 3.45**

**Cajun fries - 3.45**

**Baked potato - 3.00**

**New potatoes - 3.00**

**Seasonal vegetables - 3.00**

**House salad - 2.50**

**Mushrooms 2.50**

**Beans - 2.50**

**Coleslaw - 2.50**

### Diner Notes

Here at Grill 48 we have adapted a number of our dishes for guests following a healthy eating plan. We do however leave it up to our guests to decide how healthy they would like to be.

- During the cooking process of our healthy dishes we have removed all butter and oil and replaced it with fry light.
- Sandwiches, burgers and rolls have been substituted with wholemeal versions. Please note these may be smaller in size than our regular versions
- Mayonnaise has been substituted for lightest mayonnaise
- Our chips are 100% fat free, they are cooked in our oven and although take slightly longer to cook they are worth the wait
- Our beef burgers and buffalo burgers are made with less than 5% fat and are chicken burgers are freshly grilled breast of chicken with no oil
- Salads do not come with our house dressing however we do have balsamic vinegar available on request
- Where possible we have reduced the amount of salt and sugar in our dishes
- Please see our guest information booklet for further information on our local suppliers

We believe we have made some simple changes to our menu to accommodate our guests needs, if however you have any queries please do not hesitate to ask a member of our team

## SWEET MENU

Our ice cream is supplied by  
Nelson's of Culross, Fife

### **G48 Mess - 4.95**

Strawberries with crushed meringue,  
Strawberry ice cream and whipped cream

### **Banoffee Sundae - 4.95**

Caramel & honeycomb, and chocolate ice cream,  
served with toffee sauce and  
crunchy banana

### **Chocolate Meringue - 5.50**

With chocolate sauce, maltesers, chocolate,  
hazelnuts and whipped cream

### **Lemon Tart - 5.50**

With whipped cream and berry jus

### **Grill 48 Cheesecake - 5.95**

Ask your waiter for today's special

### **Frozen Fruit Kebabs - 4.50**

Frozen pineapple, mango and strawberry  
kebab served with cream or ice cream

Selection of Nelsons of Culross Ice Cream  
With a flake and a wafer— 2.00 per scoop

**Royal Bourbon Vanilla**

**Milk Chocolate**

**Strawberry**

**Honeycomb and Caramel**

**Mint Choc Chip**

Although none of our sweets can be  
considered healthy it is your choice should  
you wish to treat yourself.

## TEA, COFFEE & HOT CHOCOLATE

**Black Coffee - 2.95**

**White Coffee - 3.35**

**Cappuccino - 3.55**

**Latte - 3.35**

**Espresso - 2.50**

**Double Espresso - 2.95**

**Liquor Coffee - from 6.25**

**Whisky, Tia Maria, Baileys, Glayva,  
Drambuie**

**Pot of Traditional Tea - 2.95**

**Earl Grey - 3.45**

**Green - 3.45**

**Peppermint - 3.45**

**Camomile - 3.45**

**Fruit Teas - 3.45**

**Strawberry, Mixed Berries, Blackcurrant,  
Mango, Ginger**

**Hot Chocolate - 3.30**

**Hot Chocolate Deluxe - 3.70  
with marshmallows and cream**

## PRIVATE DINING

Our mezzanine level is available for  
parties and private dining. For further  
information ask a member of our team